



SUMMER 2024

OPTIMIST RWB

HIGH PERFORMANCE & RACE

Upon progressing to the RWB Fleet, participants will be exposed to high-performance sailing coaching, an integral part of our program. Our experienced and dedicated coaches are well-versed in the intricacies of high-performance sailing, and they are committed to guiding and mentoring sailors to reach their full potential.

PROGRAM DATES

| Month | Week | Days / Week | Details |
|---------------|--------|---|--|
| June | Week 1 | 01 Sat - 02 Sun | Seahorse Regatta @LYC |
| | Week 2 | 24 Mon - 25 Tue - 26 Wed - 27 Thu | Home Training |
| July | Week 3 | 01 Mon - 02 Tue - 03 Wed - 04 Thu - 05 Fri | Home Training |
| | Week 4 | 09 Tue - 10 Wed - 11 Thu - 12 Fri - 13 Sat - 14 Sun | Home Training + TSA Texas Youth Race Week @Houston Yacht Club |
| | Week 5 | 16 Tue - 17 Wed - 18 Thu - 19 Fri | Home Training |
| | Week 6 | 24 Wed - 25 Thu - 26 Fri - 27 Sat - 28 Sun | Home Training + TSA Rockin Rockport Regatta @Rockport Yacht Club |
| July & August | Week 7 | 30 Tue - 31 Wed - 01 Thu - 02 Fri | Home Training |

| PROGRAM FEES | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 | WEEK 5 | WEEK 6 | WEEK 7 | FULL PROGRAM PRICE WITH DISCOUNT |
|--------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------------------------------|
| OPTIMIST RWB WEEKLY MEMBER PRICE | \$125.00 | \$335.00 | \$420.00 | \$420.00 | \$335.00 | \$355.00 | \$335.00 | \$1980.00 |
| OPTIMIST RWB WEEKLY NON MEMBER PRICE | \$157.00 | \$420.00 | \$525.00 | \$525.00 | \$420.00 | \$445.00 | \$420.00 | \$2470.00 |

- Sailors must have their own boat.
- Lakewood Yacht Club's RWB Team encourages sailors to compete and travel at TSA and National Regattas.
- Daily schedule other than home training days will be announced individually.
- Registration is also available on a weekly basis.
- We recommend that all sailors attend the whole program.



Home Practice Hours
12:30 PM - 06:00 PM

