MINOR PARTICIPANT WAIVER AND RELEASE

- 1. As parent or legal guardian of the "Participant", I recognize that sailing is an activity that has an inherent risk of damage and injury associated with it, and hereby acknowledge and agree that the minor Participant is participating in the Bay Access / Lakewood Yacht Club sailing program and / or chartering a boat from Bay Access (the "Program") entirely at his or her own risk, with my full understanding of such risk.
- 2. For and on behalf of Participant and myself, I acknowledge and agree that neither Lakewood Yacht Club, Bay Access, the Lakewood Yacht Club Seahorse Committee, the sponsors of the Program, nor their respective members, officers, board of directors, staff or representatives will be responsible for
- (a) any damage to the chartered boat, or my or Participant's property, or
- (b) any personal injury, including death,

sustained as a result of Participant's participation in this Program, regardless of the fact that such damage may, in whole or in part, be due to the negligence of Lakewood Yacht Club, Bay Access, the Lakewood Yacht Club Seahorse Committee, the sponsors of the Program, or their respective members, officers, board of directors, staff or representatives.

3. For and on behalf of Participant and myself, to the fullest extent permitted by law, I hereby WAIVE any rights either of us may have to sue the Program Organizers (including Lakewood Yacht Club, Bay Access, the Lakewood Yacht Club Seahorse Committee, the sponsors of the Program, and/or their respective members, officers, board of directors, staff or representatives) with respect to personal injury or property damage suffered by Participant as a result of his or her participation in the Program and hereby RELEASE the Program Organizers from any liability for such injury or damage to the fullest extent permitted by law whether caused in whole or in part by negligence.

- 4. Additionally, I agree, on behalf of Participant and Participant's family to DEFEND AND INDEMNIFY Lakewood Yacht Club, Bay Access, the Lakewood Yacht Club Seahorse Committee, the sponsors of the Program, and/or their respective members, officers, board of directors, staff or representatives from any liability which may be sought by any party as a result of actions or alleged actions of Participant or any member of Participant's family during the term of the Program.
- 5. I understand this document has important legal consequences and have consulted such legal and other advisors as I deem appropriate before signing.

Lakewood Yacht Club has an elite dinghy racing and introductory program for sailors. The goal of the program is to develop outstanding sailors and young men and women; maintain the safety of all participants at all times; promote ethical behavior; and teach life-long lessons about character, teamwork, responsibility, and respect for others. Participation in the Lakewood Yacht Club's youth sailing program is a privilege. To participate in the program, youth sailors are expected to meet the following expectations. Failure to meet these expectations can be grounds for discipline, including being sent home from a practice or event, suspension, or termination from the youth sailing program. In order to maintain a controlled and safe learning environment, all junior sailors are expected to act in a mature and responsible manner. Should you do something that is willfully wrong, you may be subject to disciplinary steps.

Safety

Maintaining the physical safety of sailors, coaches, and others is the top priority of the Lakewood Yacht Club Sailing Program.

Follow all safety procedures and instructions given by race officials, regatta hosts, and other responsible adults.

Provide assistance if another person is in danger. Notify a coach or other responsible adult if you think another sailor is in danger.

Always wear a personal flotation device while on the water.

Do not leave Lakewood Yacht Club or the site of an event without first obtaining personal permission from a coach, parent or event host.

Sailors are personally responsible for obtaining prior consent from a responsible adult.

It is not permissible to have another person convey a message that you are leaving.

Travel to away events and regattas with a responsible adult, other than a coach, who is responsible for you when you are not on the water or at the venue.

Sportsmanship

Sailors should respect the values and rules of the sport of sailing, and remember that they are members of a team.

Compete ethically within the Racing Rules of Sailing and other applicable rules governing the sport of sailing.

Demonstrate principles of good sportsmanship. Act gracefully when you win and lose: do not gloat when you win, and do not sulk when you lose.

Follow the direction and respect the authority of coaches and responsible adults. Accept constructive criticism from your coaches.

Do not talk back to coaches, team leaders, or volunteers.

Support your teammates at practices and regattas. Do not only think about yourself and your own performance. Attend as many practices as possible, show up and depart at the appointed times with all of your equipment.

Behave and dress at all times in a manner consistent with the high standards expected of staff at Lakewood Yacht Club.

Remember that you are an ambassador of Lakewood Yacht Club. It is a privilege to be a member of the Lakewood Yacht Club. Never act in a way which would be embarrassing or detrimental to the Lakewood Yacht Club.

Respect for Others

Sailors are to act in a respectful way toward others at all times. Set a good personal example for everyone supporting the principles of honesty, integrity and good sportsmanship.

Respect the property of others. Do not use another person's property without permission, steal or damage another person's property.

Treat other sailors, coaches, regatta officials, parents, hosts and all others with respect, regardless of race, religion, gender, national origins, culture, sexual orientation, disabilities, or abilities.

Do not engage in verbal, physical or emotional abuse of anyone, do not tolerate such conduct by others. Do not use profane, insulting, harassing, humiliating, or otherwise offensive language. Swearing is prohibited.

Do not physically fight, hit or inappropriately touch other sailors. Resolve disputes with other sailors in civil and respectful manner. If you cannot resolve the dispute directly with the other sailor, go first to coaches and then to the sailing administrators with any problems or questions.

Do not tolerate or engage in bullying. Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance and which is repeated or has the potential to be repeated over time, for the purpose of socially excluding, diminishing, or isolating of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional or physical harm, regardless of that person's willingness to participate on or off the water.

General

Sailors must be held responsible for their own preparation. Parents should not assist sailors during rigging.

Chalk-talks and de-briefs are time allotted for coaches and sailors to organize and/or re-cap their day. These are parts of practice which all sailors must be present for.

Any sailor who is unwilling to sail or participate in the program activities will be sent home. Neither the instructor nor LYC can be responsible for students who are not participating in the program activities.

Each sailor is responsible for his/her own belongings.

Sailors will return boats and equipment to the proper storage areas as soon as possible upon completion of the class.

Drugs/Alcohol

A drug-free environment is necessary in order to achieve individual and team success.

Lakewood Yacht Club and Bay Access does not tolerate the use of alcohol, tobacco or non-prescribed drugs by team members at the Club or at regattas.

Media/ Photo Release Form

I, grant permission to Lakewood Yacht Club and its agents and employees the irrevocable and unrestricted right to reproduce the photographs and / of video images take of me, or members of my family, for the purpose of publication , promotion, illustration, advertising or trade in any manner or in any medium. I hereby release Lakewood Yacht Club and its legal representatives for all claims and liability relating to said images or videos. Furthermore, I grant permission to use my statements that were given during an interview or guest lecture, with or without my name , for the purpose of advertising and publicity without restriction. I waive my right to any compensation.