



Prerequisite:

If you have previously participated in Optimist sailing competitions and have experience racing in this class, you are well-suited to be a part of our high-performance ILCA team. Your familiarity with the Optimist class will serve as a solid foundation as you transition into the world of high-performance sailing.



Program Details:

Our team aims to nurture and challenge sailors with a strong background in the Optimist class, providing you with an opportunity to further develop your skills and take on new challenges in the ILCA class. We welcome your passion for sailing and look forward to having you on board as we embark on this thrilling journey together.

With a focus on fine-tuning racing techniques, mastering boat handling skills, and implementing advanced strategies, our high-performance sailing coaching empowers participants to excel in competitive sailing events. Through personalized instruction and detailed feedback, our coaches ensure that every sailor receives the support and resources necessary to thrive in the ILCA Fleet. By combining specialized training with their passion for sailing, participants will be equipped to take on the challenges and opportunities that lie ahead, making their journey in the ILCA Fleet an exhilarating and rewarding experience. As they embrace the world of high-performance sailing, they will emerge as confident, skilled, and accomplished sailors, ready to set sail towards success. Expected to compete in



Practice Times:

Wednesdays and Thursdays from 3:30 pm to 6:30 pm Saturdays and Sundays from 9:00 am to 4:00 pm

Spring Program Dates:

First day of fall program: 13 January 2024 Saturday Last day of fall program: 12 May 2024 Sunday

Program Fees: Member: \$ 1390 Non-member: \$ 2080

(Including fitness support and regatta coaching fees for chosen

both TSA events and ILCA NA events. Sailors must have their own boats.

TSA events.)

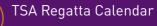


ILCA Partial Enrollment (1 day per weekend practice)

Program Fees: Member: \$1040 Non-Member: \$1490

(Including fitness support and regatta coaching fees for

chosen TSA events.)



Road Runner Regatta March 23-24, 2024 Austin Yacht Club

Chocopalooza Regatta April 06 -07, 2024 Rush Creek yacht Club

Grapevine Regatta May 4-5, 2024 Grapevine Sailing Club

- * Practices will not be held the weeks of Easter (March 31) and Keels & Wheels (May 04 05)
- Additional information regarding training can be found in our Training Policy.